

Kauai Itinerary: 5 Days of Fun and the Best Sights

Each of the following will link to the activity information

Day 1: Arrival on Kauai and Exploring Kauai's North Shore

Kilauea Lighthouse and Beaches

Hanalei for North Shore Eats and Art

Limahuli Gardens and Preserve

Day 2: Enjoying Kapa'a and Lihue

Scenic Helicopter Flight Over Kauai

Kapa'a and Lihue Relaxing

Paddling at the Wailua River

Secret Falls or Sleeping Giant Hike

Day 3: Hiking the Na Pali Coast

The Kalalau Trail in Haena State Park

Okolehao Viewpoint Trail

Day 4: Waimea Canyon and South Shore

Waimea Canyon Viewpoints and Red Dirt Falls

Waimea Canyon Hiking

Barking Sands Beach

Day 5: Last Beach Day and Kauai Sightseeing

Makauwahi Cave Reserve and Ezra's Beach

Kānei'olouma Heiau Historic Site

Poipu Beach

[More Kauai Travel Ideas here!](#)